

Narayan's Hot Lunches

Our custodian is not just one of the world's nicest people, he's a master cook!

Flavored to children's taste, he has created 2 dishes: Super Spaghetti and Super Rice. We will alternate between these 2 dishes each hot lunch date.

Both contain a mixture of freshly cooked vegetables with beans, soya chunks, and mixed with either rice or spaghetti. All natural, no animal products, super healthy and delicious. Secret Ingredient...made with love!

Best of all, we only charge you our cost...\$85 for 14 meals.

NEW STUDENTS WILL GET A FREE SAMPLE ON THE FIRST HOT LUNCH DAY BEFORE YOU HAVE TO ENROLL!!

Hot Lunch Days are
Wednesdays-- alternating with
pizza days, and skipping only
ONE week of the year!

October 2, 16, 30

November 13

December 4, 18

January 15

February 5, 26

March 12

April 2, 23

May 7, 21

FEED my Child! name: _____

_____ (send \$85 for the year)

parent signature

